

HISTORY OF A HEADACHE

**CHARACTER
DURATION
SEVERITY
FREQUENCY
RADIATION
AGGRAVATING AND RELIEVING FACTORS**

ASSOCIATED SYMPTOMS:

Bilateral sensation of tightness without anything extra
= TENSION HEADACHE

Flashing lights, unilaterality, photophobia
= CLASSICAL MIGRAINE

Tears, nose snot, flushed forehead
= CLUSTER HEADACHE

Stiff neck, posterior headache
= CERVICAL SPONDYLOSIS

Morning headache, all over head, + nausea/vomiting
= INCREASED INTRACRANIAL PRESSURE

Stiff neck, photophobia, fever
= MENINGITIS

persistent, unilateral, temporal, in an elderly person
= TEMPORAL ARTERITIS

upper face, cheeks, forehead
= ACUTE SINUSITIS

sudden onset, local but spreading, with neck stiffness:
= SUBARACHNOID HAEMORRHAGE

ASK ABOUT MEDICATIONS