

## Resuscitative thoracotomy

So, your patient has PEA or is in cardiac arrest.

CPR is useless in a hypovolemic patient.

### PATIENTS WHO ARRIVE TO ED

- with penetrating chest injuries **BLUNT INJURIES DON'T QUALIFY**
- without a pulse
- with cardiac electrical activity

**ARE CANDIDATES FOR RESUSCITATIVE THORACOTOMY**

- **A SURGEON MUST BE PRESENT FOR THIS**

**Patients with penetrating chest injuries who need CPR in the field need to be assessed for signs of life. This means**

- reactive pupils
- spontaneous movements
- spontaneous ECG activity

**If they have none of those, resuscitation efforts should cease.**

### WHAT DO YOU ACCOMPLISH WITH A RESUSCITATIVE THORACOTOMY:

- Evacuation of the pericardial tamponade
- Direct control of thoracic hemorrhage
- Open cardiac massage
- Cross-clamping of the descending aorta to increase supply to the brain and heart, and to decrease blood loss below the diaphragm

Thoracotomy in ED is rarely effective.

**Stab wounds survive more often than gunshot wounds**

**In general survival rate is 18% to 33%**

*"The surgeon who should attempt to suture a wound of the heart would lose the respect of his surgical colleagues" - Theodore Bilothe, 1882 – from this online article <http://www.trauma.org/archive/thoracic/EDToperative.html>*

This source also wisely advises, *"The first time you see a Gigli saw should not be the first time you perform a thoracotomy."*