

Paediatric History

- age, sex and ethnic group
- Chief complaint

Pregnancy:

- Length,
- significant illness or bleeding,
- adequacy of prenatal care,
- any drug use

Birth:

- length of labour,
- type of delivery (ie: why c-section),
- birth weight,

neonatal period:

- incubator,
- oxygen,
- jaundice,
- cyanosis

Early Feeding Pattern:

- duration of breast and bottle feed
- introduction of cereals and timing
- any suppliments used
- weaning period
- food allergies

immunizations

social history of mother:

- Alcohol, smoking, drugs
- Is there a father present?
- Who else is at home
- Who helps care for child
- Is home life harmonious

PEDIATRIC presenting histories:

- **IN CHILD CARE?**
- **CARED BY SOMEBODY ELSE?**

Diarrhoea:

- **Fatty?**
- **Bloody?**
- **Mucous?**
- **With vomiting?**
- **FEVER??**
- **Sweats?**
- **SLEEPINESS?**
- **MOOD?**
- **HOW MANY FILTHY NAPPIES?**

DEHYDRATION

- **Diminished food intake**
- **WHAT IS THE FOOD BEING INTAKEN?**
- **HOW MANY WET NAPPIES?**

PAST HISTORY?

- **Prev. episodes**
- **Concurrent illnesses**
- **Past hospital stay**
- **Immunisation**

Milestones

▪ **Gross motor:**

- ◆ Month 5-8: **Sits** without support
- ◆ Month 10-14: **Stands** Alone
- ◆ Month 14-20: Walks up steps
- ◆ Month 21-28: Pedals tricycle

▪ **Finer motor**

- ◆ Month 2.5-4: **Grasps rattle**
- ◆ Month 4.5-7: Transfers cube hand to hand; **self feed**

- ◆ Month 8-12: Has neat pincer grasp

- ◆ Month 28-36: Copies circle

- ◆ By age 5 years: Draws a square

- **Cognitive**

- ◆ Month 2 : follow objects with eyes

- ◆ Month 3-5: watches dangling objects; interest in surrounding

- ◆ Month 6-8: responds to name

- **Social**

- ◆ Month 1.5-4: Smiles at others

- ◆ Month 4-9: Seeks primary caregiver

- ◆ Month 8-15: Stranger anxiety

- ◆ Month 10-15: Displays 2 or more recognizable emotions

- ◆ Month: 11-20: Exploratory play by self

- ◆ Month 21-36: Cooperative play in small groups