

# Psoriasis

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**Rule of thumb: PSORIASIS DOES NOT ITCH.**

**Totally different immunology to eczema, though lymphocytes still involved.**

## **Special Places:**

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- Ears
- Nails
- Flexures
- Scalp
- Face

## **Psoriasis management:**

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- Topical or systemic or phototherapy
- **Topical:**
  - Dithranol
  - Tar preparations
  - Topical vitamin D
- **Phototherapy:**
  - Narrow or broad band UVB: usually combined with topical therapy
- **Systemic therapy:**
  - Methotrexate
  - Oral retinoids
  - Cyclosporin, Mycophenelate, Hydroxyurea