

Factors Influencing the Stability of the Glenohumeral Joint

MAINLY, THE ROTATOR CUFF: supraspinatus, infraspinatus, subscapularis and teres minor

They hold the head of humerus in the glenoid fossa

SOMEWHAT, THE LIGAMENTS:

Glenohumeral

Coracohumeral

Coracoacromial arch

SLIGHTLY, THE GLENOID LABRUM

